



J&J EDUCATIONAL BOOTCAMP

SAMPLE CLASSROOM REGIMEN

150 MINUTES WEEKLY
GRADE 3 AND 4



DAY
1
30 MINUTES

ENGAGE: Foldable Booklet → Foldable Note Construction (10 min)
EXPLORE: Benchmark Power Drill → Interactive Notes on Foldable (15 min)
ELABORATE: Interactive Notebook → Foldable Journaling Activity 1 (5 min)

DAY
2
30 MINUTES

ENGAGE: Speed Bag Teachers' Edition → Speed Bag Drawing Game (5 min)
ENGAGE: Interactive Notebook → Journaling Activity 2 (25 min)
(1) ENGAGE: Speed Bag Booklet → Making the Science Connection
(2) ELABORATE: Interactive Notebook → Adding to the Speed Bag Drawing

DAY
3
30 MINUTES

EXPLORE: District or Boot Camp Labs → Laboratory Activity (15 min)
ENGAGE: Bootcamp Lab Booklet → Boot Camp Lab Forms (10 min)
ELABORATE: Debrief Laboratory Results (5 min)

DAY
4
30 MINUTES

EXPLORE: Speed Bag Student Booklet → Reading in Science Activity # 1 (12 min)
EVALUATE: Speed Bag Student Booklet → Graphic Organizer (8 min)
EVALUATE: Speed Bag Student Booklet → Reading Practice Questions (10 min)

DAY
5
30 MINUTES

ENGAGE: Speed Bag Student Booklet → Vocabulary Drill (7 min)
EVALUATE: Speed Bag Student Booklet → Science Practice Questions (8 min)
ELABORATE: Speed Bag Student Booklet → Tie It Together (15 min.)