



SAMPLE EXTENDED DAY REGIMEN

7 DAYS PER BENCHMARK

[GRADE 5]



DOK 1: Basic Recall & Recognition

Benchmark Power Drill: Gradual Release of Basic Skills (20 min)
Smart to the Core Booklet: Train the Brain Practice 1 (Basic Skills) (20min)
Smart to the Core Booklet: Target Practice 1 (Basic Application) (20 min)



DOK 1, 2, and 3: Basic Recall, Recognition, and Applying Skills

Rock Climbing Review: Journaling with Mixed Daily Review - Day 2 (20 min)
Hands on Math: Activity by Benchmark (20 min)
Hands on Math: Journaling and Extension Questions (20min)



DOK 1 & 2: Basic Application

Rock Climbing Review: Journaling with Mixed Daily Review - Day 3 (20 min)
Benchmark Power Drill: Gradual Release of Basic Application (20 min)
Smart to the Core Booklet: Train the Brain Practice 2 (Basic Skills) (20min)



DOK 2 & 3: Applying Skills & Concepts/Strategic Thinking

Rock Climbing Review: Journaling with Mixed Daily Review - Day 4 (20 min)
Mathables® by Benchmark : Foldable Activity (20 min)
Mathables® by Benchmark: Think Tank Journaling (20 min)



DOK 3 & 4: Strategic & Extended Thinking

Company Drill Game: Review by Benchmark (15 min)
Benchmark Power Drill: Gradual Release Strategic Thinking (20 min)
Smart to the Core Booklet: Train the Brain Practice 3 (Application) (25 min)



Assessment & Evaluation

Rock Climbing Review: Game Review (20 min)
Smart to the Core Booklet: Four Star Challenge (25 min)
Smart to the Core Booklet: Review the Assessment (15 min)



Small Group Instruction

Game Play (students at 3 stars or higher): Company Drill/Triathlon Board Game (60 min)
OR
Teacher Center: DOK Worksheets # 1 - # 3 and Hands on Manipulatives (60 min)